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a movement detection/judgment section for distinguishing whether or not a count value detected by said difference adder is below a prescribed value and outputting a signal indicating that thinning of said second frame is

a frame thinning section for thinning said second frame, in a case in which said signal indicating that frame thinning of said second frame is possible is output from said movement detection/judgment section and also a signal indicating that said number of frames to be thinned is output from said conversion frequency detector.

a frame thinning means for executing frame thinning of said second frame; and

3. A video display apparatus according to claim 1, wherein an area detector for detecting movement of an image within a prescribed area on said video display apparatus is provided, and detection results of said area detector being output to said movement detection/judgment section.

5. A video display apparatus according to claim 1,
wherein said video display apparatus is a liquid-crystal

6. A dot display type video display apparatus displaying an image having a first frame frequency at a second frame frequency that is lower than said first frame frequency, said video display apparatus comprising:

a conversion frequency detector for calculating a number of frames making up an unit block at each of said frame frequencies and a number of frames to be thinned based on said first frame frequency and said second frame frequency;

a difference detector for comparing intensity data of each dot on said video display apparatus of a second frame which is currently input to said video display apparatus with intensity data of each dot of said first frame which is stored in said frame memory and which is immediately before said second frame, and detecting a difference between said two frames;

a movement detection/judgment section for distinguishing whether or not a count value detected by said difference adder is below a prescribed value and outputting a signal indicating that thinning of said second frame is

possible, when said count value of said difference adder is below said prescribed value;

5 a frame thinning section for thinning said second frame, in a case in which said signal indicating that frame thinning of said second frame is possible is output from said movement detection/judgment section and also a signal indicating that said number of frames to be thinned is output from said conversion frequency detector; and

10 a frame thinning stopping section for stopping the frame thinning operation of said frame thinning section within a current block including said first frame and said second frame, in a case in which, if, as a result of an execution of frame thinning by said frame thinning section, a total number of thinned frames has reached said number of
15 frames to be thinned which is output from said conversion frequency detector.

20 7. A plasma display apparatus displaying an image having a first frame frequency at a second frame frequency that is lower than said first frame frequency, said video display apparatus comprising:

a synchronization signal generation circuit for generating a synchronization signal of said second frame frequency;

25 a conversion frequency detector for calculating a number of frames making up an unit block at each of said frame frequencies and a number of frames to be thinned based on said first frame frequency and said second frame frequency;

a frame memory for storing a first frame having said first frame frequency;

1 a difference detector for comparing intensity data of
each dot on said video display apparatus of a second frame
which is currently input to said video display apparatus with
intensity data of each dot of said first frame which is stored
5 in said frame memory and which is immediately before said
second frame, and detecting a difference between said two
frames;

10 a difference adder for counting a number of dots for
a case in which said difference of said intensity data
detected by said difference detector is greater than a
prescribed value;

15 a movement detection/judgment section for
distinguishing whether or not a count value detected by said
difference adder is below a prescribed value and outputting
a signal indicating that thinning of said second frame is
possible, when said count value of said difference adder is
below said prescribed value;

20 a frame thinning section for thinning said second frame,
in a case in which said signal indicating that frame thinning
of said second frame is possible is output from said movement
detection/judgment section and also a signal indicating that
said number of frames to be thinned is output from said
conversion frequency detector; and

25 a frame thinning stopping section for stopping the
frame thinning operation of said frame thinning section
within a current block including said first frame and said
second frame, in a case in which, if, as a result of an
execution of frame thinning by said frame thinning section,
a total number of thinned frames has reached said number of

8. A display method for a dot display type video display apparatus displaying an image having a first frame frequency at a second frame frequency that is lower than said first frame frequency, said video display apparatus comprising:

10 a conversion frequency detector for calculating a
number of frames making up an unit block at each of said frame
frequencies and a number of frames to be thinned based on said
first frame frequency and said second frame frequency;

a difference detector for comparing intensity data of each dot on said video display apparatus of a second frame which is currently input to said video display apparatus with intensity data of each dot of said first frame which is stored in said frame memory and which is immediately before said second frame, and detecting a difference between said two frames;

a movement detection/judgment section for distinguishing whether or not a count value detected by said difference adder is below a prescribed value and outputting

a signal indicating that thinning of said second frame is possible, when said count value of said difference adder is below said prescribed value; and

5 a frame thinning section for thinning said second frame, in a case in which said signal indicating that frame thinning of said second frame is possible is output from said movement detection/judgment section and also a signal indicating that said number of frames to be thinned is output from said conversion frequency detector,

10 said method comprising the steps of:

comparing said intensity data of said first frame with that of said second frame;

thinning said second frame when said intensity data of said two frames are the same;

15 stopping said frame thinning operation within a current block including said first frame and said second frame, in a case in which, as a result of an execution of frame thinning, a total number of thinned frames has reached said number of frames to be thinned, which is output from said conversion
20 frequency detector